



Young Scholars Academy of Greater Allegheny Charter School – Breakfast Menu



Wednesday – Nov.1
Poptart Breakfast Kit
Appleslices
4 oz. Juice(in Kit)

Thursday – Nov.2
Chocolate Muffin
Fruit Cup
4 oz. Juice

Friday – Nov.3
Breakfast Pizza
Banana
4 oz. Juice

Monday - Nov.6
Cereal Breakfast Kit
Mandarin Orange Cup
4 oz. Juice(in Kit)

Tuesday - Nov.7
Apple Strudel
Pear Cup
4 oz. Juice

Wednesday –Nov.8
Breakfast Burrito
Apple Slices
4 oz. Juice

Thursday – Nov.9
Cereal Bar
Banana
4 oz. Juice

Friday – Nov.10
Muffin Top
Fruit Mix Cup
4 oz. Juice

DAILY MILK CHOICES:
Fat-Free Chocolate and 1% White
All meals include 8 oz.
1% low-fat milk

Monday - Nov.13
Powdered Donuts
Applesauce
4 oz. Juice

Tuesday – Nov.14
Mini Loaf
Fruit Cup
4 oz. Juice

Wednesday – Nov.15
Breakfast Kit
Apple Slices
4 oz. Juice(in Kit)

Thursday - Nov.16
Apple Strudel
Tropical Fruity Cup
4 oz. Juice

Friday - Nov.17
Banana Muffin
Fruit Cup
4 oz. Juice

Monday - Nov 20
Donut Sticks
Pineapple
4 oz. Juice

Tuesday – Nov.21
Mini French Toast
Banana
4 oz. Juice
Syrup

Wednesday – Nov.22
Banana Bread
Mixed Fruit Cup
4 oz. Juice

Thursday - Nov.23
No School

Friday - Nov.24
No School

Monday - Nov.27
No School

Monday - Nov.28
Cinnamon Roll
Appelsauce
4 oz. Juice

Wednesday – Nov.29
Poptart Breakfast Kit
Appleslices
4 oz. Juice(in Kit)

Thursday – Nov.30
Chocolate Muffin
Fruit Cup
4 oz. Juice

Friday -Dec.1
Breakfast Pizza
Banana
4 oz. Juice