

## April LUNCH MENU

#### WHAT IS A MEAL?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of ½ cup serving of a fruit or vegetable must accompany a reimbursable lunch.

#### LUNCH COMPONENTS

- Meat or Meat Alternate
- Vegetable
- Fruit
- Grain/Bread
  Choice of Milk 1% white or Fat-Free Chocolate

### Weekly Vegetable Subgroups May Include:

Dark Green: Spinach, Broccoli, Romaine, and Spring Salad Red/Orange: Carrots, Sweet Potatoes, Tomatoes,

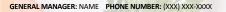
and Red Pepper Starches: White Potatoes, Corn, and Lima Beans Other Vegetables: Celery Sticks, Cucumbers, Peas, Cauliflower, Green Peppers, Green Beans, and Cabbage

Beans

# Young Scholars Academy of Greater Allegheny Charter School 23/24

Monday - April 1 No School	Tuesday - April 2 No School	Wednesday –April 3 No School	<b>Thursday – April 4</b> No School	<b>Friday – April 5</b> No School
<b>Monday - April 8</b> No School	<b>Tuesday - April 9</b> French Bread Pizza Carrots Green Bean Pear Cup	<b>Wednesday – April 10</b> Half Day	<b>Thursday – April 11</b> Hamburger 1/2c Baked Beans 1/2c Sweet Potatoes 1 Banana WG Bun	Friday – April 12 Toasted Cheese Sandwich Tater Tots Corn and Black Bean Salsa Peach Cup
<b>Monday - April 15</b> Chicken Patty On a Bun Broccoli Corn Applesauce	<b>Tuesday – April 16</b> Pasta w/Meatballs Italian Vegetables Juice	<b>Wednesday – April 17</b> Chicken Patty Green Beans Carrots Banana Juice	Thursday - April 18 Hamburger on a bun Broccoli French Fries Juice	Friday – April 19 Macaroni and Cheese (1 cup) 1/2c Buttered Corn 1/2c Green Beans 1/2c Fruit Cocktail
Monday - April 22 Popcorn Chicken (12 Pieces) 1/2c Mashed Potatoes 1/2c Buttered Corn 1 Orange WG Dinner Roll	<b>Tuesday - April 23</b> 2 Pizza Sticks Dipping Sauce 1/2c Carrots 1/2c Green Beans 1 Banana	Wednesday – April 24 Walking Taco 1/2c Refried Beans 1/2c Black Bean and Corn Salad 1/2c Pears	<b>Thursday – April 25</b> Cheesy Calzone 1/2c French Fries 1/2c Green Beans 1/2c Sliced Apples	Friday –April 26 Corn Dog 1/2c Broccoli 1/2c Carrots Juice
Monday - April 29 Cheese Burger 1/2c Green Bean 1/2c French Fries Orange WG Bun	<b>Tuesday - April 30</b> Turkey Hot Dog 1/2c Baked Beans 1/2c Spiral Fries 1 Banana WG Hot Dog Bun	Wednesday –May 1 Salisbury Steak w/Gravy Mashed Potatoes Carrots 1/2c Mandarin Oranges	Thursday – May 2 Cheese Burger 1/2c Buttery Corn 1/2c Diced Potatoes 1/2c Sliced Apples WG Bun	Friday – May 3 Chicken Quesadilla 1/2c Broccoli Salad 1/2c Green Beans Juice

Website: Address



EMAIL: Email address

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